

COVID-19 Quarantine

14 days



What does quarantine mean?

Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.

Who should quarantine?

- Individuals who are exposed to someone who has tested positive for COVID-19.

Quarantine Period

Individuals who are exposed to COVID-19 should quarantine for a minimum of 14 days from date of last contact with positive case.

I live with someone who was diagnosed with COVID-19. What do I do?

Are you able to have **complete separation*** from the sick person in your home?

No

Released from quarantine:
14 days after the sick person is well

Yes

Released from quarantine:
14 days after your last contact with the
sick person

**Complete separation means no contact, no time together in the same room, and no sharing of any spaces (such as using the same bathroom).*

Questions? Please call 262-898-4460 or visit [crchd.com/covid-19](https://www.crchd.com/covid-19)