



COMMONLY ASKED QUESTIONS

HOW TO ANSWER YOUR CHILD'S QUESTIONS ABOUT OPIOIDS

✓ **THINGS TO REMEMBER:**

- ✓ Be prepared with facts and resources
- ✓ Ask open-ended questions
- ✓ Listen, don't lecture
- ✓ Make your expectations clear

"EVERYONE DOES IT."

"It may seem like everyone does it because of what you see online or in school, but the reality is that most teens don't use drugs. It might be popular, but that doesn't mean it's safe."

"YOU TAKE MEDICATION, WHY CAN'T I?"

"You're right. I work closely with my doctor to make sure it is the best option for my pain and that I am taking them safely and responsibly."

"I DON'T KNOW WHAT TO SAY WHEN MY FRIENDS ASK ME TO USE DRUGS."

"Let's figure out a response you're comfortable with together. It's best to be direct and assertive about your choices."

"ISN'T IT SAFE IF IT IS A PRESCRIPTION?"

"Opioids are only safe if taken as prescribed by a doctor. If it wasn't prescribed for you, don't take it."

"IT'S MEDICINE, SO WHY WORRY?"

"Opioids are prescribed for those who need them for severe pain. Any medication (even over the counter) is dangerous if misused."