

HEALTH RISKS OF VAPING

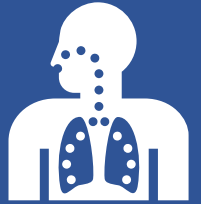


NICOTINE AND YOUR BRAIN

Nicotine can harm the parts of your brain that control attention and learning. Teens and adolescents also have a higher risk of long-term effects such as addiction, mood disorders, and permanent lowering of impulse control.

VAPOR RISKS

While e-cigarettes do not produce "smoke", they still contain potentially harmful chemicals. E-cigarette liquid can contain diacetyl and benzene which are linked to lung disease. Other chemical components can irritate the eyes, nose, and throat.



HEAVY METALS

E-cigarette liquid can contain heavy metals such as nickel, tin, and lead. Inhalation of these metals have been linked to lung, heart, liver, and brain damage.

ADDICTION AND LEARNING

No matter how it is delivered, nicotine is an addictive substance. Young brains learn faster than adult brains. Because addiction is a form of learning, young people develop addictions more easily and are at higher risk of becoming addicted to other substances.



SECONDHAND VAPOR

Secondhand vapor contains many of the same harmful chemicals that mainstream vapor has, making it potentially dangerous for yourself and those around you.

FOOLED BY FLAVOR

Many harmful chemicals fall under the umbrella of "flavoring," so you may not even be aware of the dangers lurking in e-cigarette liquid. There are no regulations that require manufacturers to provide the detailed ingredients of e-cigarette liquid.

