Lead Poisoning Prevention Information





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Poisoning in Kids

Young children are prone to have an increased lead exposure because of their normal hand-to-mouth activity. This behavior may introduce many non-food items into their gastrointestinal tract.

Almost 1 million children in the United States have elevated levels of lead in their blood.

Exposure to lead can seriously harm a child's health



Damage to the brain and nervous system



Slowed growth and development



Learning and behavior problems



Hearing and speech problems



This can cause:

- Lower IQ
- Decreased ability to pay attention
- Underperformance in school



Where Lead Can Be Found





Dirt



Some Toys



Traditional Remedies, Make-up and Powders



Some Jewelry



Some Candy



Some Pottery



Jobs or Hobbies



Lead Dust

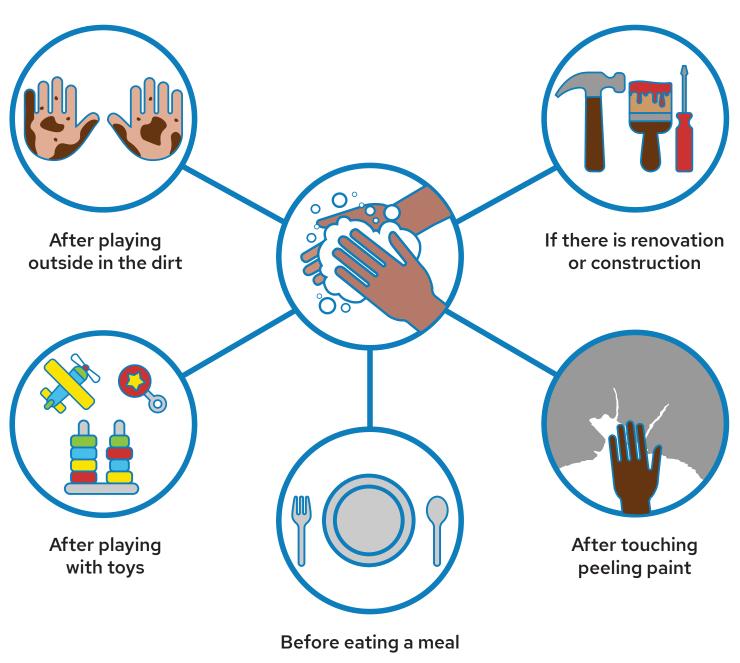


Some Water Pipes

Handwashing

Handwashing is an easy, cheap, and effective way to prevent the spread of germs and keep kids and adults healthy. When your family is healthy, you don't have to worry about missing school, work or other activities.

Know When to Wash Your Hands



House Cleaning

Using proper cleaning methods frequently can help reduce the exposure to lead dust in your home and help prevent lead poisoning.

Cleaning Supplies











What to Clean Frequently











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Wipe down with a damp cloth window sills

Wipe down with a damp cloth stairs, crib rails, door knobs, etc.





Why to Clean Frequently

To control dust levels and reduce you and your child's exposure to lead.

House Cleaning

If someone in the household works with lead, be sure he or she removes work clothes carefully. Launder these clothes separately. Also, make sure the person showers and washes his/her hair as soon as possible after work. If possible, use shower facilities at work, so lead dust is not carried into your vehicle and into your home.

Safe Tips for Cleaning Do's and Don'ts

Do

Don't



Wash rags separate from baby clothes





Smoke







Wash hands after cleaning



Better Food Choices

Each day, give your child:

3 - 4 foods high in IRON

beef, chicken, turkey, eggs, dried beans, iron-fortified cereals, tofu, collards, kale, and mustard greens

3 - 4 foods high in CALCIUM

milk, yogurt, cheese, soy milk, spinach, calcium enriched orange juice, low-fat custard, and corn tortillas

3 - 4 foods high in VITAMIN C

Candy Bars

oranges, tomatoes, limes, bell peppers, berries, papaya, jicama, and broccoli

Choose healthy foods to keep your child safe from lead

Instead of: Choose:



French Fries	Carrot Sticks
Chicken Nuggets	Baked or Grilled Chicken
Ice Cream	Yogurt
Frozen Custard	Cottage Cheese
Hot Dog	Peanut Butter & Jelly







Whole Fruit

Chocolate Cake Banana Bread

Processed Cereals Oatmeal









Own a property built before 1978?

Worried about lead paint?

Are your resources limited?



Kenosha Racine Lead Program



Program will pay up to 85% of costs



Qualifications

- For rental properties, tenants must income qualify
- For owner occupied properties, must have a child under the age of 6 and income qualify
- Vacant properties also accepted
- The Lead Program will pay up to 85%* of qualifying construction costs to remove or remediate lead-based paint hazards. *Program will pay up to \$20,000 in qualifying construction costs, some exclusions apply. The lead program has certified lead risk assessors. The lead program works with local certified contractors to safety remove lead hazards. The lead program is for identified lead hazards found during the home inspection.

For more information contact us at:

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