

## MONITORING WEST NILE VIRUS IN WI

The Department of Health Services has monitored the spread of West Nile virus since 2001. The surveillance program monitors wild birds, horses, mosquitoes and humans for West Nile virus.

Wisconsin began testing dead wild birds for West Nile virus in 2001.

**If you find a dead CROW, BLUE JAY or RAVEN, call:**

Dead Bird Reporting Hotline  
(800) 433-1610

## FOR MORE INFORMATION

Central Racine County Health Dept.  
[www.crchd.com](http://www.crchd.com)

Wisconsin Dept. of Health Services  
<https://www.dhs.wisconsin.gov/arboviral/westnilevirus.htm>

Centers for Disease Control and Prevention  
<http://www.cdc.gov/westnile/index.html>

Wisconsin Dept. of Natural Resources  
<http://dnr.wi.gov/topic/wildlifehabitat/bird diseases.html>

Information for this brochure taken from the Wisconsin DHS website.

Central Racine County  
Health Department  
10005 Northwestern Avenue  
US Bank, 2nd Floor  
Franksville, WI 53126  
Phone: (262) 898-4460  
Fax: (262) 898-4490

Office Hours:  
Monday - Friday  
8 AM – 4:30 PM



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## WEST NILE VIRUS

Protecting Yourself  
and Your Family From  
West Nile Virus



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## WHAT IS WEST NILE

West Nile Virus, a mosquito-borne infection that can cause serious illness, was found in Wisconsin beginning in 2001. It was first identified in the United States in 1999.

In nature, the virus cycles between birds and mosquitoes. It is only when a mosquito infected with the virus bites a person instead of a bird that people become exposed to this virus. As the mosquito season progresses, more mosquitoes are infected with the virus increasing the risk that people being bitten by mosquitoes can become infected with the virus.

Most people infected with West Nile virus do not become ill. Symptoms can occur 5 to 15 days after exposure. About 20% of people infected with the virus have mild to moderate symptoms such as: a fever with headache, body ache, a skin rash, and swollen lymph nodes. Less than 1% or about 1 out of 150 people become severely ill with symptoms that can include: severe headache, high fever, neck stiffness, disorientation, tremors, coma or paralysis. Approximately 10% of the cases of severe illness are fatal. People over 50 years of age are at increased risk of severe disease.

There is no specific treatment for West Nile virus other than to treat symptoms and offer supportive care. If you think you have West Nile virus infection, contact your physician.

## PREVENTION IS THE KEY

Preventing mosquito bites will prevent West Nile virus infection. Taking an active role to decrease exposure to mosquitoes and the infections they may carry can reduce your chances of bites:

- Make sure your home window and door screens are in good repair to prevent mosquito entry.
- Limit time spent outdoors at dawn and dusk during mosquito season (June to September) or other times mosquitoes are active.
- Wear shoes, socks, long sleeve shirts and long pants when outdoors.
- Use an insect repellent when outdoors.

## USE REPELLENTS SAFELY

- Choose a product that meets your needs for the time you will be outdoors and the amount of mosquito activity.
- Use repellent products according to directions.
- Spray repellents sparingly and only on exposed skin or top of clothing.
- Do not apply repellents in a confined space.
- Do not apply repellents to children's hands or allow them to apply repellents.
- Wash treated skin when protection is no longer needed.
- When outdoors, use repellents containing DEET, picaridin, IR3535, some oil of lemon eucalyptus or para-menthane-diol. Follow the directions on the package.
- For repellent safety go to <http://www.cdc.gov/westnile/faq/repellent.html>.

## STOP MOSQUITOES

All mosquitoes need water to lay their eggs and complete their life cycle. Reducing or eliminating standing water reduces potential breeding sites, mosquito numbers and the risk for mosquito bites.

The following steps should be taken:

- Dispose of water-holding cans and containers.
- Remove discarded tires.
- Drill holes in the bottoms of recycling containers kept outdoors.
- Ensure that gutters and downspouts are clean and drain properly.
- Change birdbath water regularly.
- Turn over wheelbarrows, boats and wading pools when not in use.
- Aerate ornamental pools and water gardens and stock them with fish that eat mosquito larvae.
- Drain water from pool covers.
- Clean and chlorinate swimming pools, outdoor saunas and hot tubs and cover when not in use.
- Prevent water from collecting in low-lying areas on your property.
- Use yellow "bug" lighting outdoors.

