

## IMMUNIZATION APPOINTMENTS

### APPOINTMENT LINES:

Call 262-898-4460 for an appointment.

Appointments available on a limited basis.

### LOCATION:

10005 Northwestern Ave  
US Bank - 2nd Floor  
Franksville, WI 53126

### COST:

Prices vary by vaccine.

### ELIGIBILITY:

*Please call for new eligibility requirements for adults. Tdap is currently available to all residents, regardless of insurance status, but the State may change this at any time.*

### IMMUNIZATION RECORDS:

Central Racine County Health Department is a user of the Wisconsin Immunization Registry (WIR), a computerized repository of individual immunization records.

To access your immunization record (Name and SSN required) go to:

<http://dhfsWIR.org>

**Central Racine County  
Health Department  
10005 Northwestern Avenue  
US Bank, 2nd Floor  
Franksville, WI 53126  
Phone: (262) 898-4460  
Fax: (262) 898-4490**

**Office Hours:  
Monday - Friday  
8 AM – 4:30 PM**



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**Central Racine County  
Health Department**



## ADULT SERVICES

**Providing Preventative  
Healthcare Services to  
Adults**

**Central Racine County  
Health Department**

**Serving Caledonia, Dover,  
Mount Pleasant, North Bay, Norway,  
Raymond, Rochester, Sturtevant,  
Union Grove, Yorkville,  
Town and Village of Waterford,  
Town and City of Burlington**

[www.crchd.com](http://www.crchd.com)

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## BLOOD PRESSURE CHECKS

About 1 of 3 adults in the United States has high blood pressure, which increases the risk for heart disease and stroke, the first and fourth leading causes of death in the United States.

### Measuring Your Blood Pressure

Measuring your blood pressure is quick and painless. A nurse wraps an inflatable cuff with a pressure gauge around your arm to gently squeeze the blood vessels. Then he or she listens to your pulse with a stethoscope while releasing air from the cuff and watching the gauge.



Blood pressure is measured using two numbers. The first (systolic) number represents the pressure in your blood vessels when your heart beats. The second (diastolic) number represents the pressure in your vessels when your heart rests between beats. If the measurement reads 120 systolic and 80 diastolic, you would say "120 over 80" or write "120/80 mmHg."

### Effects of High Blood Pressure

High blood pressure can damage your health in many ways. For instance, it can harden the arteries, decreasing the flow of blood and oxygen to the heart. This reduced flow can cause:

- Chest pain, also called angina.
- Heart failure, which occurs when the heart can't pump enough blood and oxygen to your other organs.

- Heart attack, which occurs when the blood supply to your heart is blocked and heart muscle cells die from a lack of oxygen. The longer the blood flow is blocked, the greater the damage to the heart.
- Stroke, which occurs when arteries that supply blood and oxygen to the brain burst or are blocked.

Central Racine County Health Department provides blood pressure checks free of charge. Call to schedule an appointment.

## TB SKIN TESTS

The Mantoux tuberculin skin test (TB skin test) is a standard method of determining whether a person is infected with *Mycobacterium tuberculosis*.

The TB skin test is performed by injecting 0.1 ml of tuberculin purified protein derivative (PPD) into the inner surface of the forearm. The injection will produce a pale elevation of the skin (a wheal) 6 to 10 mm in diameter.



The skin test reaction must be read between 48 and 72 hours after administration. A patient who does not return within 72 hours will need to be rescheduled for another skin test.

The cost for a TB skin test is \$15. An appointment is necessary for the placement and the reading of the test. **TB skin tests are not placed on Thursdays.** Please call to schedule an appointment.

## ADULT IMMUNIZATIONS

### Vaccines are not just for children

Far too many adults become ill, are disabled, and die each year from diseases that could easily have been prevented by vaccines. Everyone from young adults to senior citizens can benefit from immunizations.

Central Racine County Health Department provides the following vaccines to adults:

- Tdap
- Hepatitis A
- Td
- Hepatitis B

See the reverse side for appointment, cost and eligibility information.

Central Racine County Health Department also may provide seasonal Influenza vaccinations each fall to local businesses for a charge. **Please note that Central Racine County Health Department does not bill health insurance.** If you are interested in flu shots for your business, call [262-898-4469](tel:262-898-4469).

